



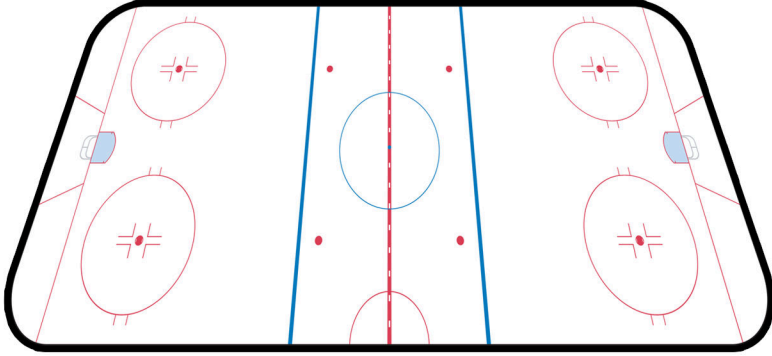
# HOCKEY DEVELOPMENT



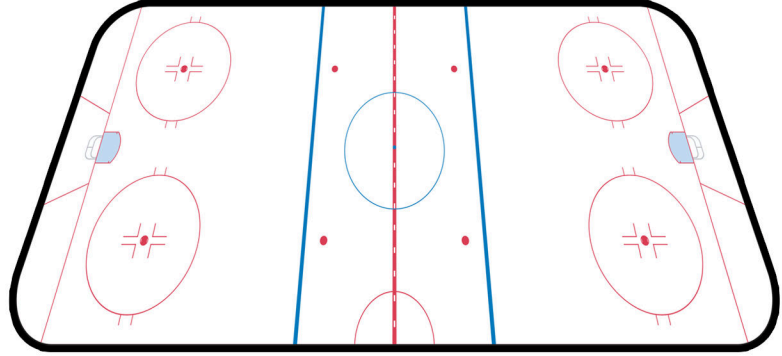
Date: \_\_\_\_\_

Skill Theme: \_\_\_\_\_

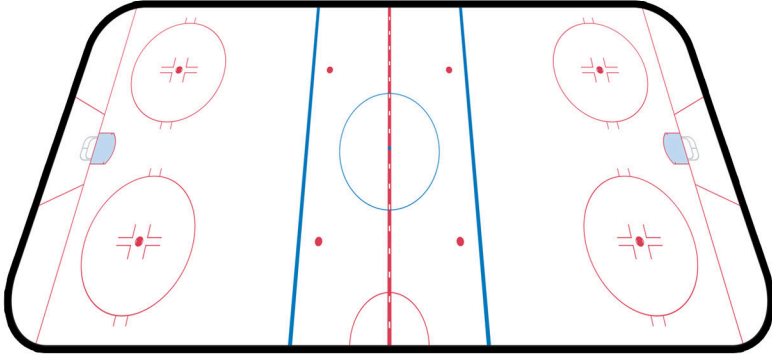
Warm-up: \_\_\_\_\_ / \_\_\_\_\_ mins



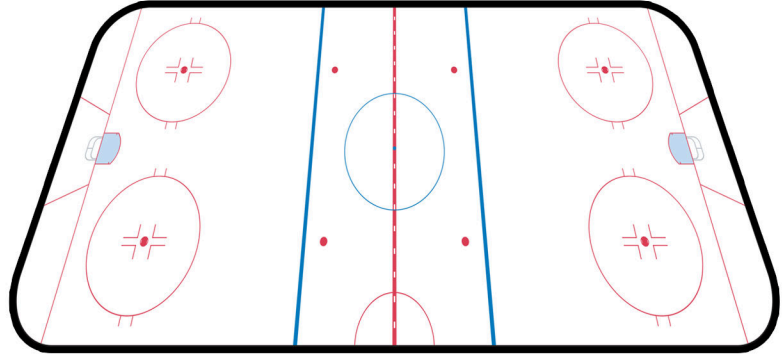
Drill #1: \_\_\_\_\_ / \_\_\_\_\_ mins



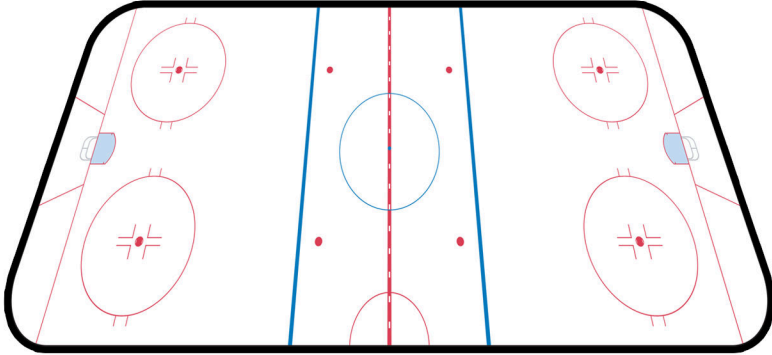
Drill #2: \_\_\_\_\_ / \_\_\_\_\_ mins



Drill #3: \_\_\_\_\_ / \_\_\_\_\_ mins



Drill #4: \_\_\_\_\_ / \_\_\_\_\_ mins



Game: \_\_\_\_\_ / \_\_\_\_\_ mins

